



High Country Connections

The Grand Seniors monthly newsletter



2024, Your Year!

Grand Seniors wants to hear from YOU! What type of events or outings would you be interested in? Do you have a special skill or craft you would like to share with others? Please let us know!



In this issue:

- Grand Seniors.....1
- GS Fun.....2
- Library Events3
- Senior Lunches.....4

Grand Seniors Team

Stacy Starr
Executive Director

Missy Posey
Transportation Program Mgr.

Katie Stuvell
Community Programs Mgr.

Client Services Drivers:

- Karen Pojar
- Tom Williams
- Kim Long
- Kevin Jones
- Hap Wood
- Ann Williams
- DeeAnna Jones
- Kelly Holmes

Grand Seniors

970-557-3186 (MFC)
 970-887-3222 (Seniors)
 480 E. Agate St.
 PO Box 42
 Granby, CO 80446





GRAND SENIORS TRANSPORTATION

If you are age 60+, or a Medicaid holder age 18+ with a disability, and need a ride for a non-emergent medical appointment, grocery store visit or other essential trip, give us a call! We do require at least 48 business hours advance notice for in-county trips and 72 business hours or more for out-of-county trips (Denver, Summit County, Routt County). Donations to help cover costs are appreciated, but we will never deny a ride, regardless of ability to contribute. Suggested contribution amounts are \$3-\$7 for in-county trips and \$25-\$40 for out-of-county trips.

NEED A RIDE?

CALL US!



970-887-3222

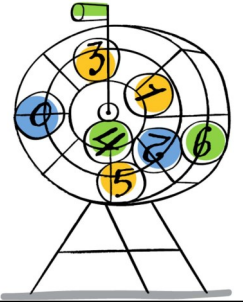
BINGO News

Bingo will continue at our Grand Seniors office in Granby the following dates:

Tuesday, February 13th

Tuesday, February 27th

We play from **10-11am** and will provide everything you need at no cost- just show up!



Bowling is Back!

Bowl with us at Sun Outdoors mini-bowling alley followed by a pizza lunch!

Cost is \$5 .

Monday, February 19th, 11am-1pm

Meet us there or call Missy for a ride at 970-887-3222.



Located in the newly opened art workshop space behind The Bowerbird's Den on Main St. in Granby, Hatch is a Creative Space where you can learn from expert artisans and explore your creative side. Classes can be seen and tickets purchased at createathatch.com or call

303-725-8554.

A \$5 senior discount is being offered by mentioning Grand Seniors!

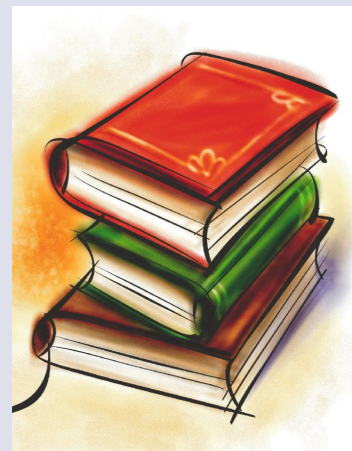
Lunch Bunch Book Club

From the Grand County Library District:

Bring a lunch, and share your love for reading during this monthly genre study and book club. Select a title of choice from the month's genre focus, and come prepared to share a personal review and recommendation. We are looking forward to lively discussion and friendly comradery. Visit your local branch or www.gclld.org for book recommendations.

Meeting Date and Time: Tuesday, February 13th, 12:00-1:00pm

Meeting Location: Granby Library Fireplace Area



Lunch & Learn for Seniors

Free event open to adults
60 and above

February Programs

*Join us!
Lunch & program provided*

Registration Required
& closes 5 days before event.

To register: Go to www.gclld.org
and click on Programs or
speak with a librarian.

Need Transportation?
Contact GC Council on Aging at
970-887-3222.

* *Granby Library*

Tuesday, February 6 @ 12:30 p.m.
The Fascinating Life of GC Bees,
Aric Kloss of Tabernash Honey Co.

* *Kremmling Library*

Thursday, February 8 @ 1 p.m.
International Travel Tips for Seniors,
Kim Shepton

* *Fraser Valley Library*

Friday, February 9 @ 11:30 a.m.
Healthy Desserts for Valentine's,
KC Rose of GCPH

* *Hot Sulphur Springs Library*

Wednesday, February 28 @ 1:30 p.m.
Healthy Desserts for Valentine's,
KC Rose of GCPH

* *Juniper Library*

Thursday, February 29 @ 12:30 p.m.
GCLD Online Resources,
Tallie Gray of GCLD

Support for this event is in partnership with the Grand County Library District,
Mountain Family Center and Grand County Public Health.



Grand County Library District

PO Box 1050
Granby, CO 80446 | 970-887-9411
www.gclld.org

Senior Lunches

We will be getting together at the Grand Seniors office for lunch again on **February 22nd, at 12pm** for a fun, fresh lunch. **Please call to RSVP for this lunch to Missy at 970-887-3222 by February 20th.**



Wednesday, February 7, a group from Granby will be riding over to the senior lunch at SageBrush in Grand Lake. This lunch starts at **11:30** and a senior menu is offered for **\$8**. Please call Missy if you would like a ride at 970-887-3222.

Stay Informed! Sign up for GS Emails!

Grand Seniors often uses email to communicate about programs, services, opportunities and events!

Please visit our website: mountainfamilycenter.org/seniors to sign up for our email list!



Grand Seniors at Mountain Family Center

Providing resources and services for seniors and adults with disabilities in Grand County

PO Box 42
480 E. Agate St, Suite 1C
Granby, CO 80446

OFFICE HOURS

Please contact us by phone at
970-887-3222
Monday through Thursday
9:00AM to 3PM

Transportation Services must be scheduled with our office **at least 48 hours in advance** of your appointment.

Mountain Family Center is a 501c3 non-profit dedicated to building self-reliance for individuals and families through responsive and collaborative services. It is the goal of the Grand Seniors department to meet the needs of Grand County seniors 60 or older to maintain their independence.

Standard Mail
U.S. Postage
PAID
Permit #20