



Family Pathways

at Mountain Family Center

Family Pathways is a voluntary program that provides prevention services to families who have been referred to the Mountain Family Center. Our Family Pathways advocates help families with goal setting, connecting to community resources, financial coaching and identifying strengths. In some instances, they may also provide one-time financial assistance.

The principle that guides our work is acknowledging that all families have strengths. Family advocates work with families to identify and build on their own strengths in order to build resiliency and stability. Through an evidence-based approach of working with families, staff members serve as partners in helping families access programs and services based on their needs. This approach, in turn, empowers participants to take action to improve the well-being of their children and families.

Some of the resources available to Family Pathways participants include:

- Financial health information and education – this may include tips on budgeting, guidance for creating a savings account and information and resources to start building credit. Financial health also assesses behavioral spending and discusses how creating goals and a monthly budget can strengthen the financial position of the household as a whole.
- Referrals to other community partners, as applicable.
- Potential financial assistance for rent, utilities, car/home repairs, medical bills and other essential expenses.
- Nutritional health education and classes.
- Counseling services.
- Support – the Family Pathways advocate is there to mentor and support you!

This program is individual/family-based, rather than curriculum-based, allowing advocates the freedom to focus on the specific needs of each family, and help them reach their goals.