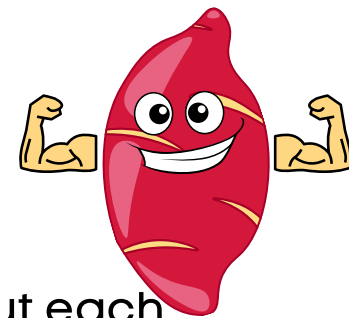




# SUPER STRONG SWEET POTATO CHALLENGE



Challenge yourself to do the Super Strong Sweet Potato workout each day to gain strength and build strong bones and muscles! Check off a box next to each potato every time you complete the exercise!

