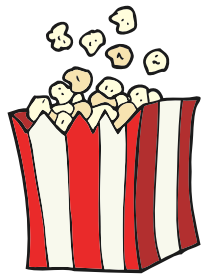


Pop the popcorn!



Pop the popcorn by completing the activity in each piece of popcorn. Try to pop them all!

When you finish the activity, color in the popcorn piece!

Dance for 1 minutes

8 pushups

Take 5 deep breathes

12 jumping jacks

jump like popcorn for 10 seconds

15 second plank

15 toe touches

10 squats

When you complete all the activities, color in the box of popcorn!

