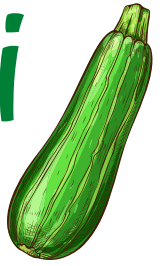




Cucumber or Zucchini



Do you know the difference between a cucumber and a zucchini? Check out these fun facts!

95% water

Has no stem

Good source of fiber

Bumpy outer skin



Grows little seeds

Cucumber

Slightly sweet tasting

Usually eaten raw

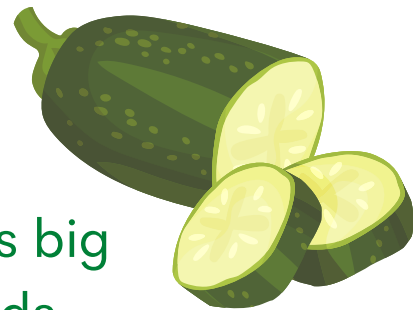
Can be pickled

90% water

Has a woody stem

Good source of vitamin C

Smooth outer skin



Grows big seeds

Zucchini

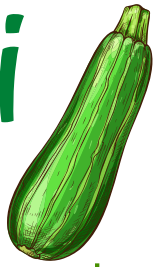
slightly bitter tasting

Usually eaten cooked

Also called a courgette

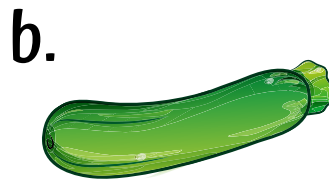
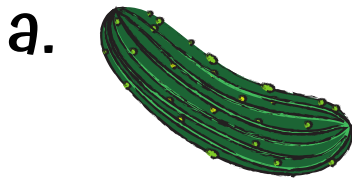


Cucumber or Zucchini



Now lets test your knowledge and see if you truly know the difference between a zucchini and a cucumber!

1. Circle the zucchini:



2. Which has more water, a cucumber or a zucchini?

a. Zucchini

b. Cucumber

c. They have the same

3. Which is a slice of cucumber?



4. A zucchini is also called a _____ ?

a. Cucumber

b. Corgi

c. Courgette