

ANATOMY OF A LEMON

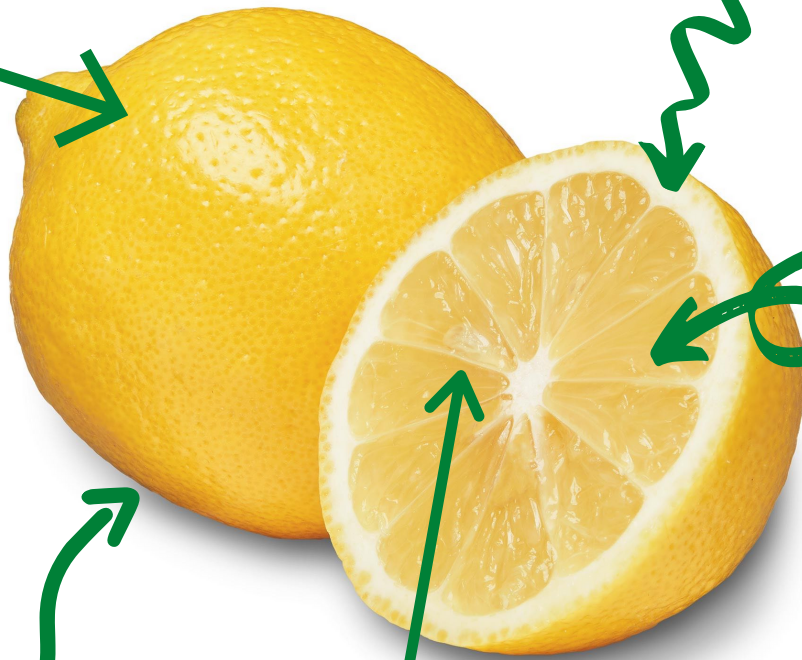
Pith: The white part of the lemon between the peel and the pulp. This part is very bitter, but has a lot of nutrients and fiber!

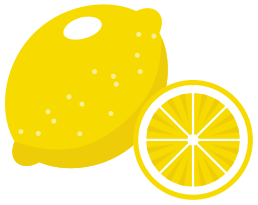
Peel: The outer, protective skin of the lemon, which contains more vitamin C than the juice!

Zest: The flavorful part of the lemon peel that contains lemon oil

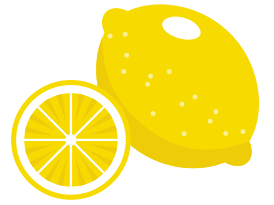
Pulp: The vesicles in the lemon that hold the juice! You have to squeeze them to get the juice out

Seeds: Small white circles that you can plant to grow a lemon tree! Don't eat them though, because they can hurt your stomach





WORD SEARCH



L Q F S N T J G L R
M V J E Z R Z G E V
Y G P E T E A B M C
Z R I D K E F S O P
E Y T S K X U P N U
S S H Y E L L O W L
T S O U R Z P C U P
N A Z D B A S G C E
P Q C L X T W B D A
L P A Z O P Z T P I

yellow
pulp

seeds
sour

lemon
zest

tree
pith

