



GRAND COUNTY SENIOR NUTRITION

Menu for Granby and Kremmling

September 2019

Monday	Tuesday	Thursday
2nd	3rd	5th
CLOSED	Lemon Parmesan Salmon Steamed Brown Rice California Blend Vegetables Apple Cranberry Coleslaw Oatmeal Raisin Cookie	Beef Taco Salad Lettuce, Tomato, Salsa Frog Eye Salad Cantaloupe Cornbread
9th	10th	12th
Beef Stroganoff Roasted Brussels Sprouts Beets Apricots Biscuit	Beef & Peppers Brown Rice Orange Spiced Carrots Sliced Orange Whole Wheat Bread	Chicken Salad Sandwich Lettuce & Tomato Confetti Slaw Strawberry Applesauce
16th	17th	19th
Meatloaf with Gravy Baked Potato Seven Layer Salad Waldorf Salad	Balsamic Glazed Chicken Quinoa Pilaf Strawberry Spinach Salad Orange	Tuna Salad on Tomato Wedge Broccoli Peanut Salad Cottage Cheese Pineapple
23rd	24th	26th
Cheeseburger Lettuce, Tomato, Pickle Baked Beans Potato Salad Watermelon	BBQ Shredded Pork Ranch Style Beans Carrifruit Salad Honeydew Cilantro Salad	Chicken Caesar Salad Asparagus Banana Orange Juice Whole Wheat Bread
30th		
Shepard's Pie Tossed Salad Steamed Broccoli Cinnamon Apples Whole Wheat Bread		

Meals are served with coffee, tea, and milk.

Suggested Donation for meal is \$3.00 for Seniors over 60.

Visitors under 60 are welcome for a price per meal of \$11.00

RESERVATIONS NEED TO BE CALLED IN 24 HOURS IN ADVANCE

All donations directly support this meal site and enable continuation of this nutrition program.

For meal reservations in Granby call 531-0290

For meal reservations in Kremmling call 724-9730