



# GRAND COUNTY SENIOR NUTRITION

## Menu for Granby and Kremmling

### August 2019

Monday	Tuesday	Thursday
		<b>1st</b> Chili Dog Broccoli Peanut Salad Orange Chocolate Chip Cookie  <small>*Beef, Chili Dog KRM Menu w/ cookie 2019</small>
<b>5th</b> Beef & Broccoli Stir Fry Lo Mein Noodles Asian Blend Vegetables Apple Whole Wheat Bread  <small>**Beef, Beef &amp; Broccoli Stir Fry KRM Menu 2019</small>	<b>6th</b> Spaghetti Squash Meat Sauce Tossed Salad Fresh Fruit Cup Dirt Pudding Whole Wheat Bread  <small>*Beef, Spaghetti Squash &amp; Meat Sauce KRM Menu w/ dirt pudding 2019</small>	<b>8th</b> Supreme Pizza Tossed Salad w/ tomatoes garbanzos & sunflower seeds Applesauce  <small>*Beef/Pork, Supreme Pizza KRM Menu 2019</small>
<b>12th</b> Porcupine Meatballs Mashed Potatoes & Gravy California Blend Vegetables Almond Peaches Whole Wheat Bread  <small>*Beef, Porcupine Meatballs KRM Menu 2019</small>	<b>13th</b> Oven Baked Chicken Mashed Potatoes & Gravy Peas, Carrots & Pearl Onions Waldorf Salad Whole Wheat Bread Orange Juice <small>**Poultry, Oven Baked Chicken KRM Menu 2019</small>	<b>15th</b> Hot Chicken Salad Seven Layer Salad Ambrosia Raisin Nut Cup Whole Wheat Bread  <small>*Poultry, Hot Chicken Salad KRM Menu 2019</small>
<b>19th</b> Fish Veracruz Cilantro Lime Rice Broccoli Slaw Steamed Carrots Grapes Whole Wheat Bread <small>*Seafood, Fish Veracruz, KRM Menu 2019</small>	<b>20th</b> Chicken Cobb Salad Cornbread Apple Crisp Peaches Wheat Crackers  <small>*Poultry, Chicken Cobb Salad, KRM Menu 2019</small>	<b>22nd</b> Roast Beef w/ Gravy Carrots & Potatoes Mixed Vegetables Watermelon Whole Wheat Bread  <small>*Beef, Roast Beef KRM Menu w/ watermelon 2019</small>
<b>26th</b> Enchilada Pie Pinto Beans Lettuce & Tomatoes MexiCorn Mixed Fruit  <small>*Beef, Enchilada Pie KRM Menu 2019</small>	<b>27th</b> Tuna Pasta Salad Creamy Cucumber Salad Banana & Mandarin Oranges Bran Muffin  <small>*Seafood, Tuna Pasta Salad KRM Menu 2019</small>	<b>29th</b> Stuffed Peppers with Beef and Rice Mixed Vegetables Melon Raisin Nut Cup <small>*Beef, Stuffed Peppers with Rice KRM Menu 2019</small>

Meals are served with coffee, tea, and milk.

Suggested Donation for meal is \$3.00 for Seniors over 60.

Visitors under 60 are welcome for a price per meal of \$11.00

**RESERVATIONS NEED TO BE CALLED IN 24 HOURS IN ADVANCE**

All donations directly support this meal site and enable continuation of this nutrition program.

For meal reservations in Granby call 531-0290

For meal reservations in Kremmling call 724-9730